

**WEEKDAY SERVICE (No Service Saturday or Sunday)**

	Torrington ▶ Thomaston ▶ Waterbury									
Timepoints	7	8	5	4	3	2	8	9	10	1
	Torrington Municipal Parking Lot Franklin Street	East Main Street & Center Street	Thomaston East Main Bridge	Thomaston Town Hall Main Street	Thomaston South Main St & Water- town Rd	Waterbury Dept of Social Services	Waterbury RR Station Meadow Rd.	Waterbury St Mary's Hospital	UConn Waterbury East Main & Phoenix	Downtown Waterbury East Main & North Main
Route										
450X	5:50	5:51	6:05	6:07	6:10	6:25	*6:30	6:40	6:50	7:00
450X	7:45	7:46	8:01	8:03	8:05	8:17	8:21	8:25	8:27	8:30
450X	9:15	9:16	9:31	9:33	9:35	9:47	9:51	9:55	9:57	10:00
450X	10:45	10:46	11:01	11:03	11:05	11:17	11:21	11:25	11:27	11:30
	PM									
450X	12:15	12:16	12:31	12:33	12:35	12:47	12:51	12:55	12:57	1:00
450X	1:45	1:46	2:01	2:03	2:05	2:17	2:21	2:25	2:27	2:30
450X	3:15	3:16	3:31	3:33	3:35	3:47	3:51	3:55	3:57	4:00
450X	4:45	4:46	5:01	5:03	5:05	5:17	5:21	5:25	5:27	5:30
450X	6:15	6:16	6:31	6:33	6:35	6:47	**7:10	7:13	7:15	7:20
450X	8:05	8:06	8:21	8:23	8:25	8:35	8:40	8:43	8:45	8:48

**ROUTE KEY**

**450X** Waterbury via Thomaston

WEEKDAY SERVICE (No Service Saturday or Sunday)

	Waterbury ► Thomaston ► Torrington									
Timepoints	8	9	10	1	2	3	4	5	6	7
	Waterbury RR Station Meadow Rd.	Waterbury St Mary's Hospital	UConn Waterbury East Main & Phoenix	Downtown Waterbury East Main & North Main	Waterbury Dept of Social Services	Thomaston South Main St & Water- town Rd	Thomaston Town Hall Main Street	Thomaston East Main Bridge	Torrington Plaza South Main	Torrington Municipal Parking Lot Franklin Street
Route										
450X	*6:30	6:40	6:50	7:00	7:05	7:18	7:20	7:22	7:36	7:40
450X	8:21	8:25	8:27	8:30	8:35	8:48	8:50	8:52	9:06	9:10
450X	9:51	9:55	9:57	10:00	10:05	10:18	10:20	10:22	10:36	10:40
450X	11:21	11:25	11:27	11:30	11:35	11:48	11:50	11:52	12:06	12:10
	PM									
450X	12:51	12:55	12:57	1:00	1:05	1:18	1:20	1:22	1:36	1:40
450X	2:21	2:25	2:27	2:30	2:35	2:48	2:50	2:52	3:06	3:10
450X	3:51	3:55	3:57	4:00	4:05	4:18	4:20	4:22	4:36	4:40
450X	5:21	5:25	5:27	5:30	5:35	5:48	5:50	5:52	6:06	6:10
450X	**7:10	7:13	7:15	7:20	7:25	7:38	7:40	7:42	7:56	8:00

ROUTE KEY

450X Torrington via Thomaston

NOTES

Timepoints are places the bus is scheduled to reach at a specific time. The timepoints are not the only places the bus will stop along the route.

.. No service is provided to that timepoint.

\* Bus will arrive at the Metro North Railroad Station to connect with the 6:42AM departure from Waterbury to New York.

\*\* Bus will wait at the Metro North Railroad Station for the 6:59PM arrival from New York.

**Convenient connections are available with MTA Metro-North Railroad at the Waterbury Railroad Station. For MTA Metro-North information, please call: (877) 690-5114 (in New York State, dial 511) or visit [www.mta.info/mnr](http://www.mta.info/mnr).**